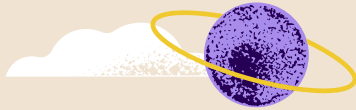
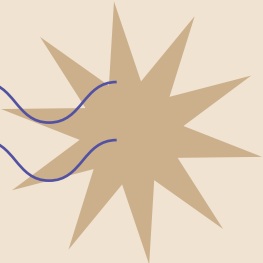


# DREAMI(ING) INTELLIGENCE: Exploring Theory And Practice of Social Dreaming Across Borders



We are delighted to invite you to an **ONLINE** Social Dreaming series on practice and theory of Social Dreaming between **November 2025 and April 2026**, consisting of 6 interconnected events one Wednesday evening per month.



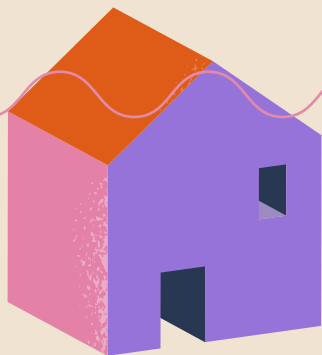
# What is this ONLINE international Social Dreaming series?



These **6 Social Dreaming** events occur not only against the backdrop of current global crises such as wars in Ukraine and Gaza, the pandemic, effects of climate change or the rise of the autocratic regimes threatening democracy and social cohesion. It is also happening in the context of the rapid development of AI (Artificial Intelligence) and its challenges for human relationships, creativity and work.

This inspiring and thought provoking **Social Dreaming series**, across borders, is endorsed by *Lithuanian Group Relations Society*, *Social Dreaming International Network (SDIN)*, *Tavistock Institute Of Human Relations (TIHR UK)* and *OFEK Israel*.

In particular, TIHR (UK), OFEK (Israel) and SDIN have a longstanding tradition in applying **Social Dreaming as exploratory enquiry** for deeper understanding of social realities and human relations. *Lithuanian Group Relations Society* is piloting this approach in Lithuania where **Social Dreaming** is still a novelty.



## What is Social Dreaming?

**Social Dreaming** was pioneered by **W. Gordon Lawrence** and his colleagues at the *Tavistock Institute of Human Relations* (UK) in the 1980s in London. **Social Dreaming is the psychosocial practice of sharing and working with dreams in a group setting**, in a so called Social Dreaming Matrix (SDM). The aim is to retrieve new insights, develop new thoughts, to identify and understand social patterns as well its dynamics.

This cross-disciplinary methodology is used by professionals in many disciplines including social science, psychotherapy, management, humanities, science, and the arts.

In short, it is used by all professions concerned with people, and their personal/ occupational wellbeing. Its stance is exploratory - finding ways to inform our understanding of the groups, communities, organisations or society surrounding us and of the roles we take up.

## Who and what is Social Dreaming for?

It is for people interested in making use of **Social Dreaming** as an experiential tool for thinking and communicating about social and organisational issues. Participants of **Social Dreaming** should be willing to share dreams and associations to the dreams in the group as well reflect on in . No previous experience or knowledge is required.

The **Social Dreaming** events in this series are understood and used **not as a therapeutic tool**. The dreams will be used only **to think about the social and organisational context and not for individual interpretations**. For this reason, as soon as a dream is shared it is seen as belonging to the matrix and not to the person sharing it. In this way we pay attention to the dreams that emerge in the matrix and not to the dreamer or person who shared them.

# Why Social Dreaming and why experience it?

- Dreams are not an illusion, but a part of the individual and social reality



- Dream-thinking and dream(ing) Intelligence is a part of our thinking even when we are not aware of it

- In Social Dreaming we explore collectively links between the finite and infinite, between the known and unknown, between conscious and unconscious

- Social Dreaming allows participants an experience to be in the “unknown”, in order to mobilise the thinking capacity of participants and to release their creativity

- Social Dreaming offers the potential and opportunity to reflect about new and creative ways of action in our complex social realities.

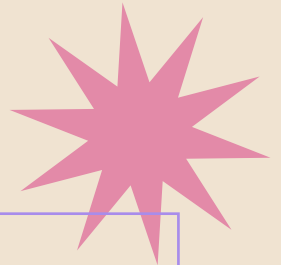
## How will the 6 subsequent DREAM(ING) INTELLIGENCE events of this ONLINE series work?

We will continually explore our dreams in an international group using the psychodynamic framework in the period from **November 2025 until April 2026 by meeting once per month Wednesday evening**. The duration of one online session varies **from 1.5 hrs to 2 hrs**.

The event will be facilitated by three passionate **Social Dreaming hosts**, group relations practitioners and group analysts from **Lithuania, Switzerland / Germany and Israel** who are members of Lithuanian Group Relation Society, OFEK, SDIN as well as GASI-Group Analytic Society International.

The primary task of these **DREAM(ING) INTELLIGENCE** series is to provide an opportunity to experience **Social Dreaming** as a creative, collective in-depth exploration of the connections between internal and external reality. It will examine its various applications, and it will consider the theoretical background of this creative practice.

The series will be both, **experiential and theoretical**.



→ In the **first 3 sessions in November, December 2025 and January 2026**, we will focus entirely on the **Social Dreaming (SD) practice** of sharing dreams and dream associations as well dream reflections in the group. The sessions will include a short introduction into SD. Further the participants will experience the SD method in its different variations including the “here and now” Dream Drawing as well as the use of the AI (Artificial Intelligence) for learning from experience in an online setting.

→ In the **3 remaining sessions in February, March and April 2026** participants will continue exploring **Social Dreaming** through experience followed by a **theory** part of the session. The brief theoretical or applied SD practice presentations will be given by international experts. Further, the participants will have access to relevant readings, and the opportunity not only to discuss them in the group, but also to integrate the experience from the SD Matrix with the SD theory.



## MATERIALS PROVIDED:

The participants of the whole series of **6 events** will get access to all materials of the **Social Dreaming** Matrices like dream and dream reflection notes, dream drawings of each session as well as articles and presentations.

## LANGUAGE:

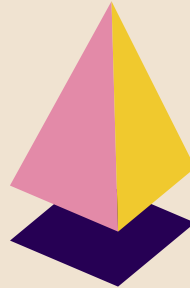
English

## DATES & TIMES:

The series will take place on ZOOM on Wednesdays:

● at 6:30-8 PM CET (Central European Time) / 7.30 - 9PM EET (Eastern European Time and Israel) on the following dates:  
**Nov 19, 2025, Dec 17 2025, Jan 21 2026.**

● at 6:30-8.30 PM CET (Central European Time) / 7.30 - 9.30PM EET(Eastern European Time and Israel) on the following dates:  
**Feb 18 2026, March 25 2026, April 22 2026.**



## PLACES AVAILABLE:

Limited to 20 participants.



## ONLINE PLATFORM:

**ZOOM** - the link will be sent one day before the event only to the registered participants who have paid the fee.

## REGISTRATION:

It is recommended to register for the whole series (6 events), but there is also a possibility to register for single events which will be advertised also separately each month.

**REGISTRATION FORM**

## PATRICIPANTS' FEE:

If you register

for the whole series of 6 events:

● **60 EUR** for members of Group Relations Lithuania / SDIN / OFEK

● **80 EUR** for non members.

for a single event:

● **20 EUR** for members of Group Relations Lithuania / SDIN / OFEK

● **40 EUR** for non members.

(all **6 events** will be advertised separatelly).

## QUERIES and FURTHER INFORMATION:

[erika.speicyte@gmail.com](mailto:erika.speicyte@gmail.com)

# Hosts of the “Dream(ing) Intelligence” series:



Erika Speičytė  
Ruschhoff

(Lithuania)

Group and organisational consultant in private practice, Group Relations practitioner, a trained Social Dreaming host, lecturer and researcher at the University of Vilnius, psychotherapist in training (Gestalt, Jungian), co-founder and former board member of LGRS (Lithuanian Group Relations Society), SDIN (Social Dreaming International Network), IPSO - International Society For Psychoanalytic Study of Organisations; PhD candidate (Tavistock and Portman NHS Foundation Trust London and University of Essex (UK) doing thesis on transgenerational transmissions from the 3rd generational perspective in Lithuania.



Cosmin Chita

(Switzerland / Germany)

Psychiatrist and Psychoanalytical Psychotherapist, Training Group Analyst (D3G), working in his own practice in Zürich (Switzerland), as a clinical supervisor and as an expert in insurance medicine. Member of Seminary for Group Analysis Zürich, German Society for Group Psychotherapy (D3G), Group Analytic Society International, former board member of the Swiss Section European Federation for Psychoanalytical Psychotherapy.



Boaz Gesthalter

(Israel)

Licensed Clinical Psychologist & Organisational Consultant. Member of The Social Dreaming International Network, Private Clinic in Tel-Aviv, Supervisor in Clinical Psychology, member of the Committee for Clinical Psychology in The Israeli Ministry of Health, member of The Scientific Committee at OFEK (The Israeli Group Relations Organisation), Manager at Ramat-Gan branch of Amcha (a mental health and social support service for Holocaust survivors in Israel).





## SPONSORING ORGANISATIONS:

**Grupių Santykių Draugija (LT)**

[www.grupiusantykiai.lt](http://www.grupiusantykiai.lt)

**OFEK (Israel)**

[www.ofekgrouprelations.org/en/group-relations-conferences/](http://www.ofekgrouprelations.org/en/group-relations-conferences/)

**Social Dreaming International Network (SDiN)**

[www.socialdreaminginternational.net](http://www.socialdreaminginternational.net)

**Tavistock Institute of Human Relations (TIHR)**

[www.tavininstitute.org](http://www.tavininstitute.org)

@ Social Dreaming Across Borders 2025-2026

